

## Hadden Place Day Therapy and Respite Centre

## Fact sheet

### If you have dementia, or are looking after someone who has it, there are support networks that can help you.

Wesley Mission Brisbane's Hadden Place is the only centre within the Brisbane metropolitan area that offers dementia specific day respite and therapy.

Hadden Place is a day respite and therapy centre which helps both the carers and those who have dementia and who are still living at home. The centre is situated within Sinnamon Village and is a welcoming, safe and secure, home-like environment.

The friendly, qualified and dedicated staff at Hadden Place provide a wide range of individual and group activities.

#### Dementia specific group activities include:

- younger onset dementia support
- nursing care
- community projects
- occupational therapist consultation
- hairdressing
- referrals to other community services
- support groups
- Allied Health consultation
- regular podiatry clinic.

#### Dementia specific therapy activities include:

- specific programs for younger people with dementia
- recreational programs
- outdoor activities (physical therapies)
- cognitive activities
- special interest activities
- brain gym
- music therapies
- Humour Intervention Program (therapy)
- reminiscences therapies.

Ask us about:

- carer's packs
- living with dementia information
- support groups
- information and education.



*Dementia is a broad term used to describe various afflictions which result in an increasing decline in functioning such as memory loss, reduced social skills, or a decrease in rationality or intellect. The early signs of Dementia are very subtle and may also include confusion, apathy or withdrawal or loss of ability to perform everyday tasks. You should always consult a doctor or a health care professional for a correct diagnosis if you, or the people you love, are exhibiting any signs you think may be dementia related.*

#### Hadden Place Day Therapy Respite Centre

Sinnamon Village  
620 Seventeen Mile Rocks Road  
Sinnamon Park QLD 4073

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Open Monday to Friday 8am to 4pm

#### Wesley Mission Brisbane

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Visit [www.wmb.org.au](http://www.wmb.org.au) and make a donation to help Wesley Mission Brisbane support Queenslanders with dementia.